

Dawn MD
DR. DAWN PSYCH MD

BRINGING YOU
A POSITIVE
AND
AWAKENING
PERSPECTIVE
ON MENTAL
HEALTH





DR. DAWN KAMILAH BROWN

BIOGRAPHY

Dr. Dawn Kamilah Brown (Dr. Dawn Psych MD), America's favorite ADHD Expert, is a double-board certified child, adolescent, and adult psychiatrist. She is the owner, CEO, and sole practitioner at ADHD Wellness Center and has two private practice locations in Texas. She also serves as a psychiatrist for 4 clinics in Texas and Illinois with a growing virtual presence, offering online appointments. She is a pioneer of the Mental Health Movement, and a nationally recognized two-time #1 best-selling author, ADHD coach, public speaker, and professional mentor.



Dr. Brown was diagnosed with Attention Deficit Hyperactivity Disorder (ADHD) while in the final year of her child psychiatry fellowship program. Because of this, she personally understands the potential impact of this chronic, debilitating disorder not only on affected individuals but their families as well. Without quality management, this disorder can cause academic and work difficulties, poor self-confidence, and strained relationships. Dr. Brown believes that mental health professionals are essential in providing balanced and supportive information about ADHD, ensuring individuals and their families receive proper management recommendations that work.

Dr. Brown actively commits to extending her expertise and time to her Podcast, "From ADHD to Amaze-Ability," and Facebook Live weekly broadcasts with a mission to de-stigmatize mental illness and dispel myths about the diagnosis and treatment of these conditions. She establishes active discussions with her followers and provides insight on common and sensitive mental health topics. Her followers extend worldwide.

Dr. Brown is originally from Flint, Michigan. She earned her doctorate degree and completed her Residency in General/Adult Psychiatry in just three years at the Saint Louis University School of Medicine. She furthered her education by completing an additional two-year fellowship in Child and Adolescent Psychiatry at the Menninger Department of Psychiatry & Behavioral Sciences at the Baylor College of Medicine in Houston, Texas.



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APPEARANCES

As a two time #1 best selling author and internationally recognized ADHD expert, Dr. Dawn is regularly called upon to offer her expertise on the latest developments in mental health and research. She advocates innovative resource management and preventative mental health wellness as she speaks to communities around the country about the significance of mental health awareness, ADHD, and other mental health conditions.

Appearing locally and nationally on broadcasts such as "Great Day Houston" and "The Tom Joyner Morning Show", she is an active and vocal advocate of mental health awareness. But her participation isn't limited to speaking on shows, she's also an active member of various service organizations and awareness projects. One of her proudest achievements was the establishment of a Houston health clinic that provides convenient and affordable access to primary mental health services of children and teenagers.

Dr. Dawn is available for interviews and fresh new perspectives across all platforms. With key insights on new developments and trends in the mental health sphere, Dr. Dawn is constantly participating in conversations to improve and innovate in her field.

With a long list of previous appearances, Dr. Dawn is open and willing to participate in both local and national events to promote mental health awareness. She also takes pride in assisting her local community, working with Houston groups and organizations by offering her expertise and time to make mental healthcare more readily available. To see more Dr. Dawn before booking her, check her out on one of her frequent Facebook live broadcasts and learn what she's all about!



SEGMENTS, STORY IDEAS AND AREAS OF INTEREST FOR: MEDIA, TELEVISION, COLLEGES, CORPORATIONS, CHURCHES, COMMUNITY CENTERS

"Children do not grow out of ADHD. Are you an adult that has it?"

"Are you happier on social media then you are in real life?"

"Recognize the warning signs of suicide and how to get help"

"The effect of social media on your mental health"

"5 ways to balance your life, as a mom who parents a child with
ADHD"

"Tips on how to become skillful with time management and
organizational skills as a college student who has ADHD."

"Childhood bullying can have lasting effects on mental health"

"Guiding professional athletes from the pressures of the locker
room to finding peace in the therapy room."

"Athletes & Mental Health" What you should know"

"Professional athletes: How to create a positive mental fortitude to
equal your physical gifts and abilities"

"10 Signs your child may have ADHD"

"10 ways a professional athlete can prevent depression and
substance use (alcohol, cannabis, etc.)."

SEGMENTS, STORY IDEAS AND AREAS OF INTEREST FOR: MEDIA, TELEVISION, COLLEGES, CORPORATIONS, CHURCHES, COMMUNITY CENTERS

"Children do not grow out of ADHD. Are you an adult that has it?"

"Recognize the warning signs of suicide and how to get help"

"The effect of social media on your mental health"

"What you need to know about teen suicide"

"Are smartphones making us stupid?"

"5 ways to balance your life, as a mom who parents a child with ADHD"

"Tips on how to become skillful with time management and organizational skills as a college student who has ADHD."

"Childhood bullying can have lasting effects on mental health"

"Are you happier on social media then you are in real life?"

"Depression is the most common mental health disorder world wide and the majority are unaware that they have it. Are you living depressed and don't know it?"

"Mental Illness is a social problem"

"Recovery from a mental health illness. It's work. It's progress. It's worth it. It's possible!"

"The high risks of not having mental wellness as a professional athlete."

"Guiding professional athletes from the pressures of the locker room to finding peace in the therapy room."

"When taking it out on the court/field doesn't help your mental health condition"

"Athletes & Mental Health" What you should know"

"Professional athletes: How to create a positive mental fortitude to equal your physical gifts and abilities"

"10 ways a professional athlete can prevent depression and substance use (alcohol, cannabis, etc.)."

"Forever Young: When kids commit suicide"

"Kids, Concussions & CTE"

"Why Teens Cut"

"10 Signs your child may have ADHD"

"Are Mass Murderers Mentally Ill?"

"Depression and Corporate America"

"How to manage ADHD and be the Best CEO of your Company"

"The Interesting phenomena of a Delusional Disorder"

"7 tips on managing the pressures, stress and depression of being a professional athlete"

"Understanding the Mind of a Stalker: Learn the 5 types"

"10 ways to prevent or manage Supermom (and Superwife) Burn Out"

"Recognizing Sexual Abuse & The WARNING signs that might suggest someone is sexually abusing child."

"7 Tips on "How to Cope with Grief and Loneliness During the Holidays."

"THE ALTERNATIVES TO CAFFEINE THAT ARE SAFE AND HEALTHY FOR YOUR Consumption"

"Taking you on a Journey from ADHD to AMAZE-ABILITY™"

"What Concerns Parents about Medicines for ADHD"

"Natural Remedies that Help manage ADHD symptoms"

"PANIC DISORDER: When FEAR overwhelms"

"The Interesting phenomena of a Delusional Disorder"

"7 Signs your Daughter May have ADHD"

"How to say YES to saying NO"

"ADHD: a Medical Reality or a Convenient Excuse?"

"The Effects of sugar on your brain"

"Finding Hope after trauma"

"Understanding Millennials"